Monitoring Mask Use in the COVID-19 Pandemic

Executive Summary

The use of face masks has been shown to reduce transmission of SARS-CoV-2, the virus that causes COVID-19. Along with washing hands and watching distance, wearing a mask is one of three key measures that people can take to decrease their own risk of contracting COVID-19 and decrease the chance that they may infect someone else. Currently, the United States Centers for Disease Control and Prevention (CDC) recommends mask use for people over two years old. The word “mask” in this document refers to any cloth face covering, medical or surgical face mask or N95 respirator.

This document serves as an introduction to strategies and methods for measuring face mask use public health entities. The percentage of people wearing masks in public indoor spaces is one of 15 essential indicators identified by Resolve to Save Lives that can be used to inform decision-making. Data should be used to inform the public, governments and organizations on local mask-use patterns and to guide policies and evidence-based campaigns that promote mask-wearing and engage communities in protecting themselves from the ongoing threat of the COVID-19 pandemic.

Observing mask use

A. Data to collect

Two essential measures should be assessed in public indoor locations:

- proportion of people who are wearing a mask
- proportion of people who are wearing masks correctly;

There are also optional measures that could inform decision-making, though they will complicate data collection.

Optional measures include:

- Whether circumstances may explain why a person was observed not wearing a mask correctly;
- Mask type;
- Role of each observed person in the public place; and
- Demographics (i.e., age, sex, race, ethnicity) of each observed person.
B. Collecting the data

There are several methods that may be used to measure mask use. Methods that involve direct data collection include in-person observation and observation of video (live or recorded), both by human observers. Because in-person observation is the best way to collect accurate, objective, timely measurements with fewer privacy concerns, it is the focus of our full-length technical guidance, Mask-Use Adherence Measurement Technical Reference. Another option for gathering data is to do so indirectly, by administering surveys in which people self-report mask use. However, the data collected through such surveys may be inaccurate, so if surveys are used, it is preferable to collect observed data concurrently so that results can be compared.

It is important that data collected by different observers, from different locations and across time, can be compared and collated. Observers should be uniformly trained to recognize what constitutes a public indoor space, what constitutes a mask and what constitutes correct mask use; they must also be trained to collect, record, report, store and safeguard data. Selected observation points should be visited during different times of the day and on different days, on a rotational basis, to avoid observation biases.

Observation data should be collected using standardized techniques that reduce potential for human error, facilitate rapid data collation and analysis and are discrete. Either interactive data collection forms on technology such as tablets or smartphones, or manual data collection forms may be used. Punch counters may facilitate the data collection process. As it is preferable that observations are made covertly in order to avoid the Hawthorne effect, a data collection tool that can be used discretely should be selected.

Reporting mask use

The proportion of people wearing masks and the proportion of people wearing masks correctly in public indoor locations should be reported as two separate outcome measures. Analyzing and presenting these outcome measures separately can facilitate the creation of effective public health messaging strategies. Data should be periodically collected, analyzed and reported to allow for analysis of trends; ideally this should occur on a weekly basis. The results of monitoring should be publicly presented.

The location and timing of each observation should be recorded and stored for further analysis; this may help target public health interventions even if these data are not publicly presented. Jurisdictions may choose to collect, analyze and report additional information that may also be useful to targeted messaging campaigns.